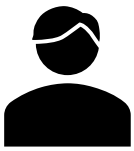
Volunteer mission: Recreational activities

Aim of the volunteer mission :

- Allow participants to stimulate and express their creativity through various activities such as drawing, painting, collage, sports etc.
- Taking part in creative activities can be an excellent way to relax and reduce stress
- Providing a space where everyone can express themselves freely and without judgement, which can be very liberating

 Location	 Mission	 Level	 Contact person
Mersch	Sports	Young adults: 18-30 years Adults	elisa.lopes@hut.lu
Differdange, Diekirch, Esch-sur-Alzette, Frisange, Luxembourg, Junglinster, Mondercange, Tandel, Wincrange	Arts and carfts, Gardening, Others	Young adults: 18-30 years	younes.erraji@hut.lu
Kopstal	Gardening, Professional reintegration workshops	Adults	claude.forget@hut.lu

Join our team of volunteers!